



A Natural Space for Healing

Weekend Immersion

September 6 & 7th 2014

Playing in and with Nature

This course is an experiential introduction to developmental and therapeutic outdoor play for childcare professionals, play workers, and play therapists working with children and young people.

You will have the time and space in which to experience total immersion in sensory awareness and playful relationship, drawing on the teaching of movement specialists, nature awareness educators, and creators of environmental art and stories, in a process that combines self discovery, inspiration, and guidance for transferring knowledge and skills into facilitating play outdoors.

Learning outcomes:

- To explore sensory relationship through play.
- To understand the relationship between perception, emotion and attachment.
- To explore inside and outside environments with our senses.
- To take away a range of simple ideas that support immersion in the natural world and playing with sensory awareness.



For bookings and further details about accommodation, course content and catering needs, please email

info@movementsense.co.uk

Or call Maggie on:

01267202725

*Course times,
Saturday 10 am -5pm*

Sunday 10 am-5 pm.

Arrival and departure can be from Friday after 3pm, departing Monday by 11 am.

Maximum group capacity 15

£185 all inclusive

£110 non-residential

included in your weekend is:

- Sleeping Accommodation in [Derwen Cottage](#) and the Owl Barn, (shared spaces, 1 private room).
- All linen and towels.
- An evening Sauna / outdoor fire session.
- Self-catering breakfast, food provided
- Self catering evening meal, communal or individual cooking
- Cooked-for-you Lunch. soup, salad, cheese and fruit provided.
- Access to studio for own movement / contemplative practice.
- Access to Brechfa forest for wonderful walks.



Movement Sense c.i.c

supporting the body, moving in nature

c.b.c. Synnwyr Symud, Cynnal y corff, symud ym myd natur

Maggie Fearn MA DAPT

is a specialist in child development and therapeutic outdoor play. She is a graduate teacher of **Body & Earth experiential anatomy**, exploring the ecosystemic relationship between our bodies and the body of the Earth, and trained as a **Forest School practitioner** in 2001 and a facilitator of **Emotional Literacy** in 2007. She ran a series of Master Classes at the **International Play Therapy Conference** in Dublin from 2011-13, and a three-day Easter School 2014 at the **Children's Therapy Centre**, Ireland.

She coordinates a **wild play project** in the Brechfa Forest, is a part time university lecturer and co directs Movement Sense c.i.c.

"The most thoughtful and sensitive tutor / guide I think I've ever known." *Course feedback 2013*